## **CLAIMS**

1. An infant exercise cushion comprising:

a substantially rigid core element;

a soft resilient material surrounding a substantial portion of said core element; said soft resilient material forming a curved outer surface for the cushion, whereby the cushion may be rolled on the floor when there is interaction between the infant and the cushion.

- 2. An infant exercise cushion as set forth in Claim 1 wherein said rigid core element is hollow so that certain infant related items may be readily placed therein.
- 3. An infant exercise cushion as set forth in Claim 2 wherein said rigid core element is in the form of an elongated hollow pipe.
- **4.** An infant exercise cushion as set forth in Claim 3 wherein said pipe is made of PVC.
- 5. An infant exercise cushion as set forth in Claim 4 wherein said pipe includes first and second ends,

said resilient material covering all of said pipe except for said first and second ends, and

said first and second ends forming openings in said pipe.

6. An infant exercise cushion as set forth in Claim 5 further including first and second caps,

said first cap a removably covering said opening for said first end, and said second cap removably covering said opening for said second end.

7. An infant exercise cushion as set forth in Claim 6 wherein each cap includes a lip,

- said pipe having an inner annular surface, and
  each lip engaging said inner annular surface to secure said cap to said pipe.
- 8. An infant exercise cushion as set forth in Claim 7 wherein said lips engage said annular surface in a substantially interference fit.
- **9.** An infant exercise cushion as set forth in Claim 7 wherein said lips and portions of said annular surface near said first and second ends of said pipe are threaded.
- **10.** An infant exercise cushion as set forth in Claim 2 further including a fabric, said fabric covering said resilient material.
  - 11. An infant exercise cushion as set forth in Claim 10 further including a mat, said mat adapted to be received in the hollow portion of said rigid core element.
- 12. An infant exercise cushion as set forth in Claim 11 wherein the color of the mat is substantially the same as said color of said fabric.
- 13. An infant exercise cushion as set forth in Claim 1 wherein said cushion is in the shape of a cylinder.
  - 14. A device for enabling an infant to exercise his upper torso comprising: / an elongated cushion, said cushion being in the shape of a cylinder, said cushion being made at least in part of a soft resilient material, said cushion including first and second ends, and said cushion including a hollow cavity extending from said first end to said

second end whereby certain infant related items may be readily placed in said hollow cavity.

**15.** A device as set forth in Claim 14 further including a substantially rigid hollow core element, said core element received in said cavity.

- **16.** A device as set forth in Claim 15 wherein said core element is in the form of an elongated hollow pipe.
  - 17. A device as set forth in Claim 16 wherein said pipe is made of PVC.
- 18. A device as set forth in Claim 17 wherein said pipe has first and second ends, said resilient material covering all of said pipe except for said first and second ends, and said first and second ends forming openings in said pipe.
- 19. A device as set forth in Claim 18 further including first and second caps, said first cap removably covering said opening of said first end of said pipe, and said second cap removably covering said opening of said second end of said pipe.
  - 20. A device as set forth in Claim 19 wherein each cap includes a lip, said pipe having an inner annular surface, and each lip engaging said inner annular surface to secure said cap to said pipe.
- 21. A device as set forth in Claim 20 wherein said lips engage said inner annular surface in a substantially interference fit.
- **22.** A device as set forth in Claim 20 wherein said lips and portions of said inner annular surface near said first and second ends of said pipe being threaded.
- 23. A device as set forth in Claim 14 further including a fabric, said fabric covering said resilient material.
- **24.** A device as set forth in Claim 23 further including a mat, said mat adapted to be received in said cavity of said cushion.

- **25.** A device as set forth in Claim 24 wherein the color of said mat is substantially the same as the color of said fabric.
- 26. A method for exercising the upper torso of an infant utilizing a cushion which includes a substantially rigid core element, a soft resilient material surrounding a substantial portion of said core element, said soft resilient material forming a curved outer surface for the cushion comprising the steps of:

placing the cushion on a substantially flat surface,

placing the front mid-section of the infant on said curved outer surface of said cushion.

permitting the infant's hands to contact the flat surface, and permitting the infant to roll the cushion thereby exercising his upper torso.

27. A method for exercising the upper torso in infants utilizing an elongated cushion, said cushion being in the shape of a cylinder. 
said cushion being made at least in part of a soft resilient material, said cushion including first and second ends,

said cushion including a hollow cavity extending from said first end to said second end so that certain infant related items may be readily placed in said hollow cavity comprising the steps of:

placing the cushion on a substantially flat surface,

placing the front mid-section of the infant on said curved outer surface of said cushion,

permitting the infant's hands to contact the flat surface, and permitting the infant to roll the cushion thereby exercising his upper torso.